**Part Time Trainer**

**Job Description / Summary:**

We are looking for a dedicated, effective, dynamic coach with great interpersonal skills who wants to build a career in the fitness industry and join our growing personal training team. This is a multi-faceted position which includes focused time on the training floor as well as the sales and marketing of our training product. We are seeking someone with strong potential to achieve great results for our members while providing strong support to our sales team toward the growth of our business.

**Position Details:**

* Conduct 1on1 (as well as two and three-person small group) training sessions based on our training methodology and systems.
* Describe proper exercise technique to clients and instill motivation and knowledge to reach their goals.
* Conduct group training classes.
* Work as a team with our coaches & sales team to meet company PT sales & retention goals.
* Perform fitness assessments with new prospects, including performing functional movement screenings (FMS).
* Part time position (between 20-30 hours)
* Some weekend and weekday evening hours required.
* Prior training experience required and must have a nationally recognized personal training certification.
* Sales is a component of the position

**Job Requirements Include:**

* Previous training experience required
* Must have a nationally recognized personal training certification (NASM, NSCA, CSCS or similar preferred)
* Certification in, or at least familiarity with, the Functional Movement Screening (FMS) preferred
* Specialty certifications are a plus
* Familiarity with semi-private, customized training programming is preferred
* Prior experience with Group Training instruction is a plus
* Current CPR/AED certification required
* Must be willing to invest your time and effort to further your knowledge and career
* Demonstrate an enthusiasm for helping clients achieve results
* Possess honesty, personal integrity, and a strong work ethic
* Intend to pursue a lifelong career in fitness
* Must be mature and professional with strong communication and sales skills
* Must have excellent time management, organizational and follow-up skills
* Must be personable and enjoy working with all types of people
* Must be a team player and subscribe to the core values of our club
* Sales skills and prior sales experience required

**Income, Incentives & Benefits**

* Starting rate between $20 - $30 per hour
* Potential to move into a full time salaried position between $40,000 - $60,000 with additional commission through sales
* 90-day and then annual performance reviews with potential for rate increases and additional benefits
* Health insurance is available, after a 90 day waiting period, with portion paid by the company increasing with each year of employment
* Opportunities provided for continuing education
* Simple IRA with company match of 3% after 1 year