



CHILDCARE PROGRAM RULES*

- 1) You must complete a Questionnaire/Registration form before your child can be signed-in to the childcare program. You must sign your child in and out each time you use the service.
- 2) Children should enter and leave through the side door by the childcare room. The parent should enter this door with the child, sign the child in/out and leave through the same door. This door is accessed with a key tag and will automatically check the parent in.
- 3) Please do not allow your child to run in the gym. This is mainly for the safety of your child. They should not be climbing on/using equipment or left alone even for a brief period. We want your child to be safe! All children must stay with their parent when in the facility.
- 4) The childcare room is too small for games involving running. The space is not big enough to allow rough games while ensuring the safety of the smaller children. Please have this conversation with your child and explain the reasons.
- 5) Children are welcome to bring “guest” toys for the day as long as they do not contain small pieces that may be lost, broken or a hazard for our smaller children.
- 6) Parent must be on the premise while the child is in the childcare program.
- 7) Childcare providers are not equipped to change diapers. Parents will be notified immediately if their child requires diaper changing.
- 8) There is a childcare bathroom available in the room. Please let the childcare provider know of any special arrangements that you would require for usage. If the child is old enough they can use the facilities without your assistance – if you prefer the childcare provider to get you when they use the facilities please let them know.
- 9) Childcare providers will notify you if there is a behavioral issue during the time of your child’s visit. We do not have the ability to handle continual problems. If the issue persists, the child will no longer be allowed in the program.
- 10) For the health and safety of the other children, please do not bring a sick child to the program.
- 11) Food/drinks are not allowed in the childcare room with the exception of baby bottles or sippy cups for younger children.
- 12) Childcare is available for children beginning at 3 months of age.

- 13) This is a free service provided to our members. With that in mind we must be fair/reasonable regarding the number of children we can accommodate given the limited room size as well as the number of childcare providers.
- The number of children allowed to use the free service per family is 3. There will be a \$3.00 charge for the service per visit for any child above this number.
 - There is a maximum usage time of 1.5 hours per visit.
 - There is a maximum of 12 children allowed in the room at any given time. Although this does not happen often it is important that we set limits as to avoid safety issues for the children. If you arrive at the gym to use the service and we have already reached the maximum number you may leave a cell phone number with the desk and we will contact you as soon as a spot opens.
- 14) Members are not allowed to bring other people's children or relatives.
- 15) Extended childcare services are available **by appointment at a cost of \$5.00 per ½ hr time slot per child**. Time slots are available after regular childcare hours. Extended childcare reservations must be made at least 24 hours prior and may need to be immediately following another scheduled shift.

You can reserve your slot by:

- Email inquiry through the website childcare page
- Calling or stopping by the front desk to schedule 732.872.6595
- You will receive a call back confirming the appointment

*Exceptions to the rules will be reviewed on a case-by-case basis.